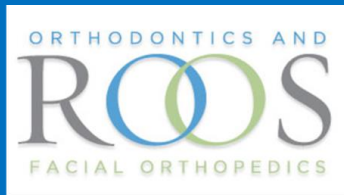


ON THE WIRE

The official newsletter of Roos Orthodontics: Fall 2015
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FLEX SPENDING REMINDER

Dear Patients and Parents,

A friendly reminder that the accounting office will close for the Holiday's on December 22nd at 1:00pm. We will re-open the office on Tuesday, January 5th at 8:00am.

Your flex spending plan for 2015 ends soon. Flex spending plans are use-it-or-lose-it (FSA), so you'll want to make sure you get the full benefit this year.

If you are planning to use your FSA card to pay any 2015 balance or start treatment, the payment will need to be received no later than the 22nd of December, if paying in person. The accounting office will be closed after that date.

If you are unable to make it into the office, please visit our website www.roosortho.com. You may login to your account and pay online via the patient login tab on the home page.

Thank you

Dr Bryan Roos and Team



Don't throw away
your money or your
chance to smile!

Do we have your current
contact info?

Please be sure to update us
at your next appointment!



Stay informed, stay healthy!

Follow the
Roos Orthodontics'

blog

www.roosortho.com

There are occasions when Dr. Roos is out of town or unable to see patients and so, in order to continue to provide you with the highest quality care, we then partner with the wonderful

DR. SUNG

who recently moved here from Los Angeles.

He completed his doctoral degree from Seoul National University and was the recipient of several scholarships. An outstanding performance in the National Board Dental Examinations administered by the

American Dental Association, led to his acceptance at the UCLA Orthodontic program.

Here he earned a Master's degree in Oral biology and the honorable title of Diplomate of the American Board of Orthodontics.

Dr. Sung has been happily married for six years and he and his wife are expecting a child in early 2016.



FLOSSING: JUST AS IMPORTANT AS BRUSHING

The tissue between your teeth where your toothbrush can't reach is more prone to infection. That is why flossing regularly (The American Dental Association (ADA) suggests flossing daily) is just as essential to your overall oral health care as brushing.

Try different flossing methods and find one that works best for you. Those who have difficulty flossing may like using a dental pick, pre-threaded flosser, or even just a different type of floss.

If you experience pain when you first start flossing, this pain should ease within a week or two of regular flossing and brushing. If you still experience discomfort after you have been flossing regularly, consult your dentist.

No matter when you floss or what type of floss you use, make sure that you floss on a regular basis. If you find it difficult or you are not sure if you're flossing effectively, consult a member of our team.



Though flossing may add just one more step to your daily routine, it's just as important to achieving a healthy smile as brushing.

NEW FACES WHEN YOU GET YOUR BRACES...



Welcome to the newest member of the Roos Team:
CINDY
our
Communication Coordinator

Cindy was born in Seoul, Korea and came to America 1982. She has been residing on the Eastside for 15 years now and calls Redmond her home. When she is not working at Dr. Roos' office, you will find her on the baseball field supporting her son, or in the dance studio supporting her daughter! She enjoys art, hiking, and especially enjoys spending time with her husband. Cindy loves meeting new people. You will see her smile when you walk into the office and she will provide her empathetic customer service.

Continuing our series of MEET THE TEAM...

an opportunity for our newer patients to get to know us a little better...

Orthodontic Lab Technician
PATTY

Patty started working with the Roos Orthodontic team in 2003 and has been in the orthodontic field for more than 20 years. If you don't see her in the clinic, you will find her hard at work in our lab - doing the behind the scenes work of making orthodontic appliances. Outside of the office she enjoys spending time with her husband, Andy, and their wonderful kids - Cody and Lily.

The family love all outdoor activities, sporting events, traveling, and most importantly boating and anything that can get them out on the water!



INVISALIGN FAQs

Are you wondering what Invisalign treatment is really like, and what effect it will have on your day-to-day activities?

Will it slur your speech?

Will people even know you're in treatment?

You're not alone in your concerns! Here are some of the most common questions we hear about Invisalign.

How does Invisalign work?

Invisalign uses a series of clear aligners to move teeth into their proper positions. The aligners are created with 3D computer imaging technology and custom-made for your smile. You will wear each set of aligners for two weeks before they're replaced by the next in the series. To be effective, the aligners must be worn at all times except when you eat, brush, and floss.

Is Invisalign uncomfortable?

Most people experience temporary discomfort for a few days after a new aligner is placed. This feeling of pressure is normal and a sign that Invisalign is working to move your teeth to their new, straightened positions. Once your mouth has acclimated to the new aligners, you probably won't even notice you're wearing them! Invisalign doesn't use metal brackets or wires like traditional braces, so you don't need to worry about gum irritation.

Can other people tell that I'm using Invisalign?

One of the benefits of Invisalign is that the aligners are clear. You can straighten your teeth without friends, family, or your coworkers knowing!

What foods should I avoid during Invisalign treatment?

Another great advantage of Invisalign is that the aligners are removable, so you can eat whatever you want during the entire course of treatment. Simply take your aligners out before each meal, brush when you're finished eating, then replace your aligners.



What about chewing gum?

We recommend you remove your aligners for all meals and snacks, because gum and other chewy substances can stick to them.

Will my speech be affected by the aligners?

As with any orthodontic treatment, aligners may temporarily affect your speech. If this does happen, your tongue will adjust within a day or two and your speech should return to normal.

How often must I visit the office during treatment?

For most patients, visits to our office every four to six

weeks are frequent enough for us to make sure your treatment is progressing properly. We will provide you with a specific schedule that supports your individual treatment plan. *Be sure to bring your CURRENT aligners with you to your appointments so that we can be sure to be completely up-to-date with your treatment!*

If you have additional questions about treatment with Invisalign, contact our office!

TRAFFIC ALERT



Please remember to allow extra travel time to your appointments to accommodate for the heavy weight of traffic and construction issues in the area.

While we are sometimes able to accommodate a late arrival, it isn't always possible. Please understand that we may need to reschedule your appointment to another time and/or day
Thank you for your cooperation.

FAMILY MEMBER DISCOUNT!

Family members of patients currently in treatment at Roos Orthodontics receive a 5% discount off their

Here are some of the recent winners in the Roos Orthodontics

Congratulations Great Patient Winners...

JULY:

Melina Davda
Isaiah Collins
Nathan Bateman
Morgan Hasselbalch
Amanda Crouch

AUGUST:

Phoebe Wall
Mickayla Risenmay
Devin Stimach
Emily Hopper
Nicole Kim

SEPTEMBER:

Jake Zlateff
Cody Mingus
Valentin Siia
Prama Singh
Valerie Smith

What does it take to be
entered into our monthly
GREAT PATIENT draw?

- Be on time for appointments
- Have no failed appointments
- Show good oral hygiene
- Compliance with appliance/elastic
- Have nothing broken or loose



Great Patient Hall of Fame!

