



# On The Wire

The official newsletter of Roos Orthodontics:  
June/July 2018

### Braces and Summer Time for Kids

For kids, summer time usually means fun days outside; ice creams and lollies; sleepovers and a general change in routine. For kids with braces though, these all require a little more consideration and planning than usual. So - to help your child have fun and maintain appropriate orthodontic care this summer, we have compiled this short check list - Braces and Summer Time for Kids:

**Schedule an early check-up with our office.**

School vacations are our busiest time and appointments get filled quickly, so make sure you have your next one scheduled. College kids home from school make sure that you have a checkup for your retainers as well.

**As always, limit sugary drinks and snacks.**

To cool off on those summer days, iced water and frozen sugar-free treats or refrigerated fruit make tasty and refreshing alternatives.

**Plan ahead for sleepovers and overnight trips.**

Not only will your child need their tooth brush and floss, but it might be an idea to include a small box of wax in case they get a poky wire overnight as well as spare elastics, if appropriate.

**Warm days and retainers.**

Hot cars and direct sunlight melt retainers. *Taking extra care to make your child's life with braces easier during the summer, can help achieve our joint goal of successful orthodontic results, while keeping your child happy*

## Summer Office Hours

Effective Monday June 25th to Tuesday September 4th, 2018.

- Mondays: 7:30am - 4:00pm
- Tuesdays: 7:30am - 4:00pm
- Wednesdays: 7:30am - 4:00pm
- Thursdays: 7:30am - 3:00pm

## Thanks for the



*"I got my braces here and I'm happy with how my teeth turned out and amazed with the process they have made. I loved the staff they were all super nice and welcoming, Tracy was very sweet and super helpful!"*

*A big thank you to everyone who has posted reviews online - your recommendation is the highest accolade you can give us!*

# Contest Winners

We appreciate all of our patients – and particularly all those who qualify for our monthly **GREAT PATIENT DRAW!**

Congratulations to our **MAY** winners and thank you to their Dentists for partnering with us on their care.

Akshay B- Dr. Michael Lee

Madeleine C- Dr. Kong

Jacob S- Dr. Van Der Sluys

Jordana M- Dr. Rama

Frances V- Dr. Merchant

To qualify for the Draw you need to: Be on Time for your appointments; have no failed appointments; be appliance compliant; display good oral hygiene; have nothing broken or loose!



Please join us in wishing Caitlin, one of our treatment managers farewell as she leaves our office this month to pursue a career in Nursing. We couldn't be more excited for her to follow her dreams and pursue something that she is passionate about. We will miss you Caitlin.



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# From the Roos Blog

## **FAQ 1 & 2: Why is it so important to be on-time for my appointments? Why do I have to reschedule my appointment if I'm late?**

When we schedule your appointment with you, it is for a specific amount of time depending on what treatment you are going to need on that particular day. If you are late, we will not have enough time to complete this without delaying the treatment of the patients who have appointments after yours. We respect that everyone has busy lives and we work very hard to keep on time so that none of our patients have undue delays. If you are late, we will need to reschedule in order to provide you with the full and necessary treatment.

## **FAQ 3: Why do I need to call ahead and tell you something is broken or loose, if I already have an appointment?**

The appointment that you are scheduled for allows time for the specific treatment that you will be having. Fixing or repairing something that is broken or loose, will add to that time. Calling us in advance allows us to check that we have the necessary time to extend your appointment to accommodate the replacement or repair, without disrupting the schedule and delaying other appointments on the day. It may be that we will have to reschedule your appointment.

## **FAQ 4: How often do I need to come for appointments?**

Depending on your treatment plan, Dr. Roos generally likes to see patients every 8 weeks.

*The entire Roos Orthodontics team is committed to providing an exceptional level of service, starting with your very first contact right through until the end of your treatment and the creation of your new smile. We look forward to seeing you at your next appointment.*