



On The Wire

The official newsletter of Roos Orthodontics:
April /May 2019

Braces & Summer Time for Kids

For kids, summer time usually means fun days outside; ice creams and lollies; sleepovers and a general change in routine. For kids with braces though, these all require a little more consideration and planning than usual. So - to help your child have fun and maintain appropriate orthodontic care this summer, we have compiled this short check list.

Schedule NOW with our office.

School vacations are our busiest time and appointments get filled quickly, so make sure you have your next one scheduled. It is also a good idea to get those longer appointments scheduled in the summer, where possible, to avoid missing school.

Top 5 Risky Behaviours

You work hard to keep your teeth healthy, but did you know that these 5 things can damage your braces and your teeth?

- 1: Chewing ice
- 2: Chewing pencils
- 3: Opening packages
- 4: Oral piercings
- 5: Not using a sports mouth guard

We are working hard together to create your beautiful smile - be sure to care for it beyond brushing, flossing and healthy eating.

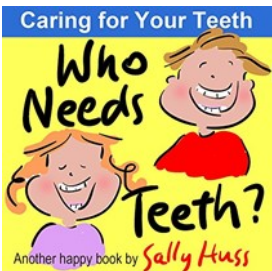
Summer is coming

Let's plan for the summer all of you SENIORS!! Our summer schedule is in high demand by the time summer actually rolls around so make sure that you set up your next appointment when you finish your current one. We want to make sure that everyone gets in for their last orthodontic adjustment or retainer check before heading out of town for a few months. We look forward to seeing you

WHO NEEDS TEETH? By Sally Huss

"An Adorable Rhyming Bedtime Story/Picture Book About Caring for Your Teeth, for Beginner Readers, Ages 2-8)". Now also available in Spanish.

"If you didn't have teeth, you wouldn't have fun. You couldn't eat an apple or a cinnamon bun.



You couldn't eat a sandwich made of cheddar cheese. You couldn't eat your vegetables like green beans or peas. You couldn't eat all the things that make you strong and bright.

You couldn't eat a snack in the middle of the night. You couldn't eat a birthday cake on your special day.

You'd be left with only ice cream, as they'd take the cake away."



Contest Winners

We appreciate all of our patients – and particularly all those who qualify for our monthly

GREAT PATIENT DRAW!

Congratulations to our **MARCH** winners and a big thank you to their Dentists for partnering with us on their care.

Locke -Dr. Stonebraker

Sri K- Dr. Parhar

Teah L- Dr. Minnoch

Darren H- Dr. Sieu

Addison P-Dr. Lee



To qualify for the Draw you need to:

- Be on Time for your appointments
- Have no failed appointments

New Roos Smiles

